



ELITE  
AWARDING

**COACH**

SPORTS COACH  
FACTSHEET



The broad purpose of the Sport Coach occupation is to use extensive technical and tactical sports knowledge and skills to design and deliver coaching programmes that engage, motivate and evolve participants' skills and performance.

- ✔ Sport coaches aim to provide meaningful and high-quality learning, development and performance experiences.
- ✔ They support the achievement of medals in talent, national and international competition, enrich performance in local competitions, increase participation, raise educational standards, enhance wellbeing and drive social change. Sport coaches can influence national wellness to reduce burden on the National Health Service.
- ✔ In their daily work, a sports coach interacts with and influences the coaching team including assistant coaches, coaches, managers, sponsors, boards and wider industry support networks. They do this through the design and delivery of their own coaching philosophy and professional practices in line with the organisational visions, strategies, policies and processes.
- ✔ This occupation is found in the sport and physical activity sector in high-performance, community and school environments. .

**Funding band:** £9,000

**Typical Duration:** 18 months

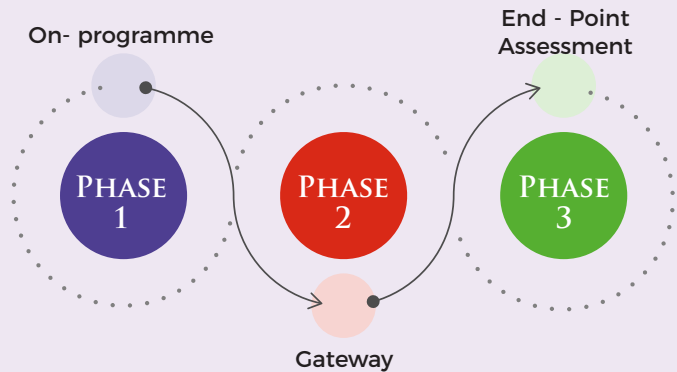
**Standard reference:** ST0770

**Gateway requirements:**

- Apprentices must have achieved a minimum Level 2 English and Maths
- Provide a project outline in preparation for the work-based project and presentation assessment activity.
- Apprentices must provide a coaching session outline
- Must provide a portfolio of evidence to support the professional discussion activity

For those with an education, health and care plan or a legacy statement, the apprenticeship's English and maths minimum requirement is Entry Level 3. A British Sign Language (BSL) qualification is an alternative to the English qualification for those whose primary language is BSL

# THE APPRENTICESHIP JOURNEY



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|-----------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Assessment method 1</b><br><br><b>Component 1: Work based project and report</b>                                                           | This assessment will take the form of a work-based project submitted to the EPAO in the form of a 4500-word report. The report will then be summarised in a presentation with questioning. An appendix containing data, results, diagrams, and references should be included but will not count towards the total word limit for the report. The project must map, in the appendix, how it evidences the relevant KSBs for this assessment method. The apprentice should complete their project unaided. When the project is submitted, the employer and the apprentice should verify the submitted work is that of the apprentice. | <b>12 weeks to complete the project. After gateway sign off.</b>                                                                  | Report is 4500 words with a 10% word count allowance                                                                                                                         |
| <b>Component 2: Presentation with questioning</b>                                                                                             | The presentation must be submitted with the project report 12 weeks after the start of the EPA period.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | <b>The presentation will last for 75 minutes typically including a presentation of 20 minutes and questioning for 55 minutes.</b> | Presentation See Guidance Toolkit                                                                                                                                            |
| <b>Assessment method 2</b><br><br><b>Component 1: Coaching session plan</b><br><br><b>Component 2: Practical observation with questioning</b> | This assessment will take the form of the creation of a coaching session plan and the observation of the delivery of the coaching session, followed by questioning. The observation will be covered in a single 2-hour face to face session. This will include an assessment of 30-minutes preparation to include facility set up, equipment organisation and risk assessment, 60 minutes delivery and 30 minutes debrief through questioning.                                                                                                                                                                                      | <b>2 hours</b><br><br><b>10% time adjustment allowance</b>                                                                        | Session outline needed at Gateway<br><br>Not directly assessed<br><br>Practical coaching plan needs to be submitted to Elite Awarding 5 days before the session takes place. |
| <b>Assessment method 3</b><br><br><b>Only 1 component</b>                                                                                     | The professional discussion underpinned by portfolio must last for 90 minutes. The professional discussion can be face to face or via video conferencing. If using an online platform, EPAOs must ensure appropriate measures are in place to verify the identity of the apprentice and prevent misrepresentation.                                                                                                                                                                                                                                                                                                                  | <b>90 minutes</b><br><br><b>10% adjustment allowance</b>                                                                          | No more than 20 pieces of evidence<br>A minimum of 12 questions should be asked to ensure full coverage of the KSBs for this method .                                        |

## Grading

Each assessment will be graded individually and the grades combined as outlined below to give the overall grade for the apprenticeship.

To pass their End-point Assessment the apprentice must achieve a minimum of a pass in each component. To gain a distinction overall, they must also achieve a distinction in the professional discussion.

| Assessment method 1<br><br>Project with presentation and questions | Assessment method 2<br><br>Practical demonstration with questioning | Assessment method 3<br><br>Professional discussion underpinned by portfolio | Overall grading |
|--------------------------------------------------------------------|---------------------------------------------------------------------|-----------------------------------------------------------------------------|-----------------|
| FAIL                                                               | ANY GRADE                                                           | ANY GRADE                                                                   | FAIL            |
| ANY GRADE                                                          | FAIL                                                                | ANY GRADE                                                                   | FAIL            |
| ANY GRADE                                                          | ANY GRADE                                                           | FAIL                                                                        | FAIL            |
| PASS                                                               | PASS                                                                | PASS                                                                        | PASS            |
| PASS                                                               | PASS                                                                | DISTINCTION                                                                 | DISTINCTION     |



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